

The
Dental Assistant



VOLUME 4 • SEPTEMBER - OCTOBER, 1935 • NUMBER 9-10

AMERICAN DENTAL ASSISTANTS ASSOCIATION

OFFICERS

President

Mrs. Helen H. Fitting, 6100 McCallum St., Germantown, Pa.

First Vice-President

Mrs. Louise Diamukes, 2121 Highland Ave., Birmingham, Ala.

Second Vice-President

Helene Meyers, 6019 Madison Rd., Cincinnati, Ohio

Third Vice-President

Ann McDonald, 1201 Lowry Bldg., St. Paul, Minn.

General Secretary

Lucile Hodge, 401 Medical Arts Bldg., Knoxville, Tenn.

Treasurer

Aloise B. Clement, 310 L. & B. Association Bldg., Omaha, Nebraska

TRUSTEES

- 1st District—Rachel Clark, Room 608, 1570 Main St., Springfield, Mass.
2nd District—Clara B. Phillips, 296 Broadway, Long Branch, N. J.
3rd District—Edna M. Justice, 631 Jenkins Bldg., Pittsburgh, Pa.
4th District—Mrs. Marie Sillay Shaw, 810 Candler Bldg., Atlanta, Ga.
5th District—Mrs. Mildred Thompson, 608 Medical Bldg., Knoxville, Tenn.
6th District—Katherine Carr, 1838 W. Harrison St., Chicago, Ill.
7th District—Agnes Danielson, 720 La Salle Bldg., Minneapolis, Minn.
8th District—Mrs. Mary Hawks, 1002 Schweiter Bldg., Wichita, Kansas
9th District—Miss Mabel Lyon, 708 W. P. Story Bldg., Los Angeles, Cal.
10th District—Ruth F. Rogers, 2004 Eaton Tower Bldg., Detroit, Mich.
Life Member—Mrs. Juliette A. Southard, (Founder)

STANDING COMMITTEES

Clinics and Exhibits

Mary M. Connolly, Chairman, 1008 Union Central Bldg., Cincinnati, O.

Transportation

Mae Faul, Chairman, c/o Dr. Fisher, 55 E. Washington St., Chicago, Ill.

Legislation

Jennie C. Lybeck, Chairman, Valley City, North Dakota.

Education

Mabel Lyon, Chairman, 708 W. P. Story Bldg., Los Angeles, Calif

Judicial Council

Sarah Hood, Chairman, 1116 Chestnut St., Philadelphia, Pa.

AMERICAN DENTAL ASSISTANTS ASSOCIATION

OFFICERS

President

Mrs. Helen H. Fitting, 6100 McCallum St., Germantown, Pa.

First Vice-President

Mrs. Louise Dismukes, 2121 Highland Ave., Birmingham, Ala.

Second Vice-President

Helene Meyers, 6019 Madison Rd., Cincinnati, Ohio

Third Vice-President

Ann McDonald, 1201 Lowry Bldg., St. Paul, Minn.

General Secretary

Lucile Hodge, 401 Medical Arts Bldg., Knoxville, Tenn.

Treasurer

Aloise B. Clement, 310 L. & B. Association Bldg., Omaha, Nebraska

TRUSTEES

1st District—Rachel Clark, Room 608, 1570 Main St., Springfield, Mass.

2nd District—Clara B. Phillips, 296 Broadway, Long Branch, N. J.

3rd District—Edna M. Justice, 631 Jenkins Bldg., Pittsburgh, Pa.

4th District—Mrs. Marie Silly Shaw, 810 Candler Bldg., Atlanta, Ga.

5th District—Mrs. Mildred Thompson, 608 Medical Bldg., Knoxville, Tenn.

6th District—Katherine Carr, 1838 W. Harrison St., Chicago, Ill.

7th District—Agnes Danielson, 720 La Salle Bldg., Minneapolis, Minn.

8th District—Mrs. Mary Hawka, 1002 Schweitzer Bldg., Wichita, Kansas

9th District—Miss Mabel Lyon, 708 W. P. Story Bldg., Los Angeles, Cal.

10th District—Ruth F. Rogers, 2004 Eaton Tower Bldg., Detroit, Mich.

Life Member—Mrs. Juliette A. Southard, (Founder)

STANDING COMMITTEES

Clinics and Exhibits

Mary M. Connolly, Chairman, 1008 Union Central Bldg., Cincinnati, O.

Transportation

Mae Paul, Chairman, c/o Dr. Fisher, 55 E. Washington St., Chicago, Ill.

Legislation

Jennie C. Lybeck, Chairman, Valley City, North Dakota.

Education

Mabel Lyon, Chairman, 708 W. P. Story Bldg., Los Angeles, Calif.

Judicial Council

Sarah Hood, Chairman, 1116 Chestnut St., Philadelphia, Pa.

The *Dental Assistant*

JULIETTE A. SOUTHARD, Editor
311 Huntington Bldg.
Miami, Fla.

KATHERINE CARR, Manager
1838 West Harrison Street
Chicago, Ill.

SUZANNE OLDFSON, Subscription Manager
4816 North Western Avenue
Chicago, Ill.

FRANCES LUNDQUIST, Advertising Manager
1925 W. Van Buren Street
Chicago, Ill.

— Contributing Editors —

BARBARA BONNEMORT
619 Dalziel Bldg.
Oakland, Calif.

MARGUERITE WILLIAMS
618 La Salle Bldg.
Minneapolis, Minn.

MARIE SILAY SHAW
810 Candler Bldg.
Atlanta, Ga.

HARRIETT HAMANN
1003 Selling Bldg.
Portland, Oregon

MABEL BURR
c/o Dr. Stillwell,
Spring Lake, N. J.

Volume 4

SEPTEMBER-OCTOBER, 1935

No. 9-10

CONTENTS

"Officers of American Dental Association".....	Inside Front Cover
"The Dental Assistant"—Dr. E. H. Valentine.....	98-100
"The Gold Foil Filling from the Assistant's Standpoint"— Julia B. Stone.....	101-103
"The Pacific Coast Dental Conference"—Mabel Lyon.....	105
"Time"—Marie Silay Shaw	106
"Question Box"—Mae I. Dickinson.....	107
"Editorial Department".....	108-109
"Talking It Over"—Edna M. Justice.....	110-112
"Secretary's Corner"—Lucile S. Hodge.....	113-114
"This and That"—Ethel Whitenton.....	115
"Calendar of Meetings"—Vivian C. Sherman.....	116-118

To subscribers in the U. S. the price is \$1.00 a year, payable in advance. In Canada and Foreign countries \$1.50; single copies 20 cents. Send all subscriptions and inquiries regarding same to *Subscription Manager*.

Changes of addresses must be reported to the *Subscription Manager* promptly in order to assure continued receipt of issues. Please notify her by the 10th of the month if the Journal fails to reach you, in order that reason may be traced promptly. Thanks!

THE DENTAL ASSISTANT

By DR. E. H. VALENTINE, Macon, Ga.

Presented Before the Ga. State D. A. Assn., May, 1935.

THE title of my paper has a dual application. The first part will be devoted to your publication "The Dental Assistant." The second part will deal with the modern dental assistant.

The Dental Assistant (Publication)—

It has been a genuine pleasure for me to review several numbers of your official organ "The Dental Assistant." I was struck with the high character of its contents and the splendid arrangement of the subject matter. You are fortunate in having such an able editor, and I am certain that she is an unusually fine person just from the study of her editorial utterances. The articles of a general character, educational and those devoted to special training are splendid. I was very favorably impressed with the department entitled "The Question Box."

A review of your program discloses the fact that you will be favored with an able discussion of the value of organization in your field. It would, therefore, be superfluous to discuss this subject here. For emphasis only I wish to state that, operating under the system we are now using in government as well as business and the professions, it is necessary for the mere existence of any group to have capable organization. Individual effort must be properly directed so that the collective force of mutual cooperation may be used in the solution of our problems. "No one lives to himself" has been given a new significance. In "union there is strength" is as elemental as it is true.

The only suggestion I have concerning your publication, is that it has been found helpful in journalism in other fields to determine whether the persons receiving a journal read it or not. This is not as easy as it may seem at first

thought. We have found that the introduction of new ideas or departments provokes comment that indicates that the journal is being read. The most promising field yet tried with the Journal of the Georgia Dental Association is to have a particular phase of our professional problems treated exhaustively and in a continuous manner. We are now devoting the major part of our effort to the study of the "socio-economic" aspect of dental practice. This may, at first, seem to have the fault of being one-sided. This is true, but it is better to solve one problem than to have many problems under solution and fail to consummate any one. Your editorial staff has solved the problem of making the journal attractive, and I think that is a praiseworthy accomplishment.

The department that has given us the greatest assurance that our journal was being read is the one known as "District News." We are constantly receiving indisputable evidence that our membership is most interested in this department. Anything that deals with a personality stimulates interest at once. Names and incidents are intriguing and we are most gratified with the interest manifested in this part of our journal. The primary object of your publication is to promote the welfare of the American Dental Assistants Association. It is a challenge to each individual member to read the journal, and to furnish any assistance within her power to enhance the value of the publication. To have a fine journal it is necessary to have a great deal of material, and the editor can arrange it so that it will be presented in an effective manner. Your editor has made a most commendable demonstration of her ability and we welcome this young sister in the field of dental journalism.

The Modern Dental Assistant—

No attempt will be made to consider all of the duties or possibilities of a modern dental assistant. Only certain of the more important and representative means of aiding her dentist will be discussed. From our observation much of what will be presented is not generally practiced, and is respectfully offered as a suggestion to make the assistant more useful in facilitating the performance of dental operation. The modern dental assistant is invaluable in the laboratory, especially when the dentist does not have a laboratory technician. So many laboratory procedures are purely technical and materials are so adaptable, that the method of procedure is simple and little training is necessary for the assistant to become a wonderful time saver in this phase of the work. You have doubtless been told so many times about many things, that you "know them by heart" and even worse, they are uninteresting and boring because of frequent repetition. A dental assistant knows how to arrange the whole office, how to greet patients, dismiss them, keep books, and so many other things, that I would not tire you with enumeration of them; but I am, have been for more years than I would admit, and am planning to continue my efforts to enjoy the most efficient assistants that patient endeavor can produce. I have been fortunate in having, in most instances, girls with special aptitude.

What an assistant should know: At least nearly all that the dentist knows. It is fun to know more than he, but maybe tactful not to admit it. Strictly speaking, and it is in this sense that this discussion deals with the dental assistant, her duties are at the chair only. Unfortunately many assistants are "permitted" to assume the role of housekeeper, technician, maid, and even look after farms, mercantile establishments, and other affairs too numerous to mention. Coming now to our subject, specifically: The dental assistant should

certainly know the routine usually known as assisting in filling, extracting, and replacing lost dental organs. I am purposely omitting any detailed discussion of this part of her duties, because you have been schooled in this until you are perfect so far as the "modus operandi" is concerned. I shall make only one brief reference in this connection, and that is, that the dentist should be able to reach in the air and obtain any instrument or material he wishes. He might, when unusual situations arise, have to make some very small gesture such as a very slight nod of the head to obtain some special instrument. I shall, in dealing with the possibilities of the modern dental assistant, follow closely the usual step sequence in the performing of a dental operation.

Digressing only a moment because of the unusual assistance accorded by the correct placing of the sterilizer, I would suggest that it should by all means be in front of the chair and to the dentist's right. A small alcove for it is ideal. For anything used as often as it is, it is incomprehensible that it could have even been in any other situation. Yet we all know that it has always been elsewhere. The dental assistant should never have to take a step to transfer instruments from the Allen table to the sterilizer, or to replace them upon the table. Certain instruments are used in nearly every operation. They should always be placed on the Allen table before the patient enters the operating room. I have, advisedly, waited until this time to state that the most important attribute of a dental assistant, is to be able to think synchronously with her dentist. This must include timing in action also. It is hopeless to expect an alert, quick acting assistant to ever be suitable to a deliberate operator. It is equally necessary for the dentist and assistant to be wholly engrossed with the operation being performed. In no other profession or avocation of which I have knowledge, is it more necessary to de-

vote one's entire efforts to the work at hand. A detail that has furnished me with as much satisfaction as any other, I believe, is for the assistant to place the instrument in my hand in such a manner that I have only to tighten my grasp and the instrument is in the proper position to operate with it. It is awkward and wasteful of time to have to transpose the instrument before using it.

Continuing our efforts with a particular case, we might consider a prophylactic treatment. There is so much to be said about assisting at an apoxesis operation that I will not discuss it, but mention a point in connection with the use of tape that has facilitated this operation in our hands a great deal. So many cases present the difficulty of great resistance to the placing of the tape through the contact points. This is especially true where approximating fillings are rough. The assistant can wedge the teeth in the embrasures near the cervix, and a ready entrance of the tape be effected. This wedging principle has so many applications, that I could write a paper on it alone. Wedging can be used to obtain visual access for examination for caries; to admit a small scaler to remove a thin scale of calculus; to permit the removal without distortion, due to pressure from an adjacent tooth, of a wax pattern for an inlay or three-quarter crown in the direct method; frequently to obtain enough space to admit a lighting disk in a slice preparation, and so many other uses that only a lack of ingenuity will limit you in its application. The most striking example of how little help an assistant sometimes renders was furnished me recently when a young lady assistant, with several years experience, supplied for my assistant. She hurt her finger very much in removing a disk from a mandrel mounted in the dental engine. She explained that she was not permitted to assist, therefore could not learn about it. The dental assistant should know all classes of instruments. She should know the numbers and they should be arranged in the cabinet in numerical order and

should be placed on the Allen table in such order. The dentist should ask for instruments by number or name and obtain exactly the instrument he wishes, thus avoiding being given an instrument that has to be exchanged, or is ill suited to the task.

I have omitted, advisedly, discussing a great many most important things because they are familiar to you, and would also prolong this discussion unnecessarily. I consider the modern, properly trained dental assistant indispensable in the office. I am perfectly sure that there is a splendid field for intelligent young women with special aptitude for this work. It is deplorable that the dental assistant has not come into her own fully. I would be most happy if I could write a paper on her place and devote attention to her financial worth. I would not close this discussion without saying that she should be trained so that she would be valuable, and that she should be remunerated in such manner that she could live in such station as her calling would entitle her. Unfortunately all too frequently, she has not been given the necessary training to be valuable, and has worked for a ridiculously low salary, and detracted from the splendid calling of dental assisting. You charming young ladies might put on your shock absorbers while I make this plain statement! The young lady who masquerades under the title of dental assistant and is valuable chiefly because of her presence in the dental office, and who is not interested in the work, is a serious detriment to your calling. Another type equally as much a drawback, is the person who is just working for a while until something better presents. The peculiar nature of our branch of the healing art is such, that the most unusual relationship should exist between the dentist and his assistant. The interdependence of the one upon the other is not approached in any other profession or business. It is inconceivable that anything but the most pleasant association could be tolerated.

Turn to page 112

THE GOLD FOIL FILLING FROM THE ASSISTANT'S STANDPOINT

By JULIA B. STONE, Topeka, Kansas

Written for the K. S. D. A. A. Meeting, April 22, 1935, at Wichita, Kans.

WHEN I was asked to write this paper I was very happy that gold foil was the specified topic. For while I am very much interested and enjoy every phase of Dental Assisting, I am always happiest when we are putting in a gold foil filling. Perhaps, because I feel that in that operation we may truly act in the capacity of an assistant-operator and work not only for our doctor but with him.

It has been my privilege to observe the work of, and assist several operators during the thirteen years of my position as a dental assistant, and I do not exaggerate in the least when I say that it has been an institution, the education of which I would sadly hate to have missed. I have seen proper preparations and beautiful restorations go into patients' mouths and I have seen and helped put in many not so beautiful. One of the greatest impressions which has been made on my mind is the insertion of a porcelain filling where gold foil is indicated. Sad, but true, the assistant is not in position to offer opinions—nor is she asked—but when we see patients returning time after time to have a porcelain filling replaced, cavity getting a little larger with each preparation for a new porcelain filling, and at last losing the tooth from a pulp involvement, it makes one just sick, when at the first visit a tiny gold foil could have been inserted, and one could have been almost certain of its being a permanent restoration, as it is not uncommon for gold foil fillings to last over a period of 40 to 50 years. The records of Dr. Wm. E. Truex, of New Jersey, disclosed cases completed fifty years ago. Dr. Parmelee, of New York City, inserted some gold foil fillings for Dr. Stevens in 1850 and 1852,

and while Dr. Stevens is nearly one hundred years of age, his fillings are just as good as the day they were put in. Some men report the loss of teeth from gold foil fillings, but in the cases of my observation, they have been more interested in just filling cavities than in restoring contours, thus resulting in the loss of the teeth from periodontal involvement, rather than the recurrence of decay. Closest attention should be given to details that are factors in making appearance the least objectionable. If the gold foil operation is chosen, it should be made as nearly a perfect piece of work as possible from both the esthetic and constructive standpoint.

I have often wondered why thinking men in the dental profession have almost or entirely discarded the use of gold foil, for the value of gold foil as a material for saving teeth has never been questioned. Six of the greatest advantages to be gained from the use of gold foil, I think are:

1. Perfect adaptability to the cavity walls, affording water tight margins.
2. Compatability with tooth structure and the evenness of wear with the enamel.
3. Possibility of making perfect margins which give continuity of the tooth surface and remain unchangeable.
4. Possibilities for building to anatomic form and perfect contouring, limited only by the ability of the operator.
5. Durability surpassing all other materials.
6. Time saver over the inlay operation in cases of average size.

Some patients object to the use of a

rubber dam, but if we consider the patient's comfort and provide either a rubber dam napkin or three separate smaller napkins, so that the rubber does not come in contact with the skin, this objection can generally be overcome. To render competent service the assistant must know something of the dentist's aims and ideals. She must work with him, as well as for him. Not just keeping in step with him, but several steps ahead of him. If you closely watch your employer work, you can soon anticipate his every need and have everything ready when and where he needs it. There are not very many short-cuts, but plenty of time savers. Familiarize yourself with every instrument necessary for the operation, that the doctor may prepare his cavity without ever having to look away from the tooth.

First, always be sure that you have plenty of gold pellets or cylinders rolled in the desired sizes. Cylinders or pellets may be prepared by the assistant during her spare time, and a good supply of different sizes should always be kept on hand that no time need be lost at the time of the operation. To prepare cylinders, sheets of No. 4 noncohesive gold are cut into the desired sizes. The pieces are then carefully and accurately folded into strips in the palm of the hand or on a napkin, with a gold knife or thin spatula. The width of these strips should equal the desired length of the cylinder. They are formed into cylinders by being rolled on a jeweler's Swiss broach or a darning needle, modified by blunting the point and grinding away the end of the eye in such a way as to have two little prongs at one end with a slot between them. Place the end of a strip of foil in the slot and roll the remainder around the needle by turning the needle between the thumb and finger of the right hand, while holding the strip against it with the forefinger of the left hand. This gives a loosely rolled cylinder which may be tightened if desired by grasping it in the center with foil pliers and fold-

ing it over double. Pellets are made by cutting gold sheets into squares which will make four convenient sizes, and rolling loosely in the palm of the hand. From my experience the four sizes will meet the general demands. However, there is no limit to the sizes if one desires more. There are several prepared golds on the market in mat and cylinder form, which are cohesive, but the operator who puts in a great many gold foil restorations prefers the noncohesive gold, primarily because it is much easier to work with, inasmuch as the pellets do not stick to each other in the container from which the pellets or cylinders are taken during the operation. In many cases the filling is started with noncohesive gold which can be made cohesive by passing it through the flame, which simplifies gold foil technique by using one particular kind of gold, which can be made cohesive if one desires. The proper annealing temperature is 1300° F., or until it just starts to get red.

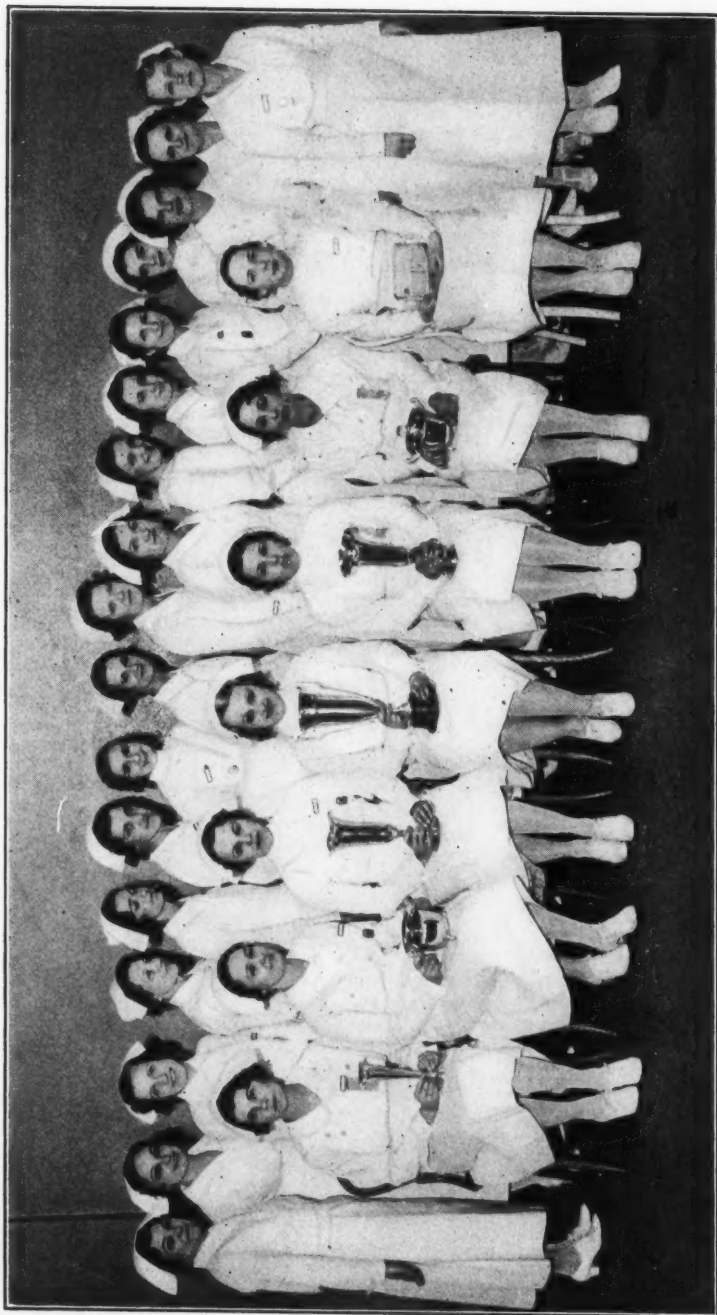
Let us assume that the operation to be performed is a cervical cavity and it is impossible to use a rubber dam—then, even more than during an operation where it is possible to use one, you may be of greater assistance by being constantly alert to have plenty of cotton pellets and cotton rolls ready to keep an absolutely dry field. If your employer uses an automatic plugger for condensing his gold, be sure that it is in perfect condition before he attempts to use it. Lay out the cotton rolls, automatic plugger, hand pluggers and foil carrier for placing and heating gold, pliers, explorers, separator, a perfect mouth mirror, polishing strips and discs and the automaton, if the operation is to be made without the rubber dam and is in the lower mouth. Place your box of gold pellets on the bracket table and light your bunsen burner. Ordinarily most operators place their gold until they have the gold well established in the retentive forms of the cavity, at this point the assistant can anneal the gold and

either place it in the cavity at the point indicated by the operator, or pass the instrument holding the gold to the operator in exchange for the automatic plugger, he places his gold and returns the heating instrument to the assistant, she returns the plugger, the operator condenses this pellet while another is being annealed. This system of give and take being used until the cavity is entirely filled, unless the operator prefers having the assistant place the gold as the filling progresses. By concentration and observation on the part of the assistant, it should never be necessary for the operator's eye to leave the cavity until the operation is completed. You can perform the act of trading instruments in much the same manner as jugglers perform theirs. The operator should be able to know that the next instrument he will want, will be placed in his hand without his having to look to see where it is, or if it is the right one. When the filling is completed you still can be of assistance in keeping the particles blown away so that the operator may have a clean field at all times during the polishing process. If a rubber dam is to be used, which is necessary for most interproximal fillings, take a piece which has been previously sterilized and wrapped in sterile gauze, and place it on the table with the rubber dam punch, also a clamp and clamp forcep, if necessary. The dam can be placed very much more quickly if you will follow up the doctor's fingers as he slips it over each tooth. After reaching the last one, hold it in place firmly under and above the teeth while the operator passes his ligature between the teeth to adjust it properly at the gingivae. This finished, fasten with rubber dam holder, adjust the napkin squares on each cheek and one on the chin, covering the entire chin to the lip, and insert the saliva ejector, taking the utmost care to have the patient's comfort foremost in your mind. While the operator is polishing the filling, the assistant can be of help by placing one finger

under on the lingual side and one over on the buccal or labial side of the tooth he is working on, thus gently pulling the dam tighter against the mucous membrane, which allows him to pass the polishing strips through the interproximal space without having it catch the dam, or wedge the dam between the teeth. The wedging can be overcome partially by the use of petroleum jelly or vaseline in the interproximal space where the filling is being polished.

If your employer condenses his gold by means of a mallet, you can again play the part of an extra pair of hands. You can anneal and place the gold with one hand and do all the malleting for him with the other. It won't be necessary to speak an audible word during the entire operation. You can set up a code whereby you will know by his expression, nod of his head, or movement of his fingers, the blow or number of blows expected and the degree of same. You see, you have been just as busy as the doctor and have been of great help in saving the time of both the patient and the doctor. This is only one operation and the same helpful assistance can be given in almost every operation performed. It has not been possible to bring out all the details, but my purpose has been to bring out some of the important features of gold foil operations and to create on the part of the assistant a desire to be of greater assistance. As long as dental assistants wear uniforms, they are going to be considered nurses. And if we are thought of as nurses, it is well for us to conduct ourselves according to the best standards of that profession. In closing let me say that we always get most by giving most, and let us always remember and keep foremost in our minds the cornerstones on which we as dental assistants build: Education, Efficiency, Loyalty and Service.

900 Natl. Bank of Topeka Bldg.



Clinicians and Trophy Winners, members of the D. A. Societies of Southern California, who took part in the meeting held in connection with the Pacific Coast Dental Conference held at Long Beach, July 8 to 12, 1935. STANDING, Left to Right: Alma Perry, Beryl Wright, Frieda Bay, Marie McCoy, Viola Kessler, Grace Poole, Airna Chamberlain, Marie Russell, Mina Olsen, Dorothy Scofield, Billie Rogers, Myrna Wylie, Doris Dickerson, Mae London, Elvira Henkes, Margaret Austin, Florence Jan-kovsky. SEATED: Thelma Humelbaugh (Pasadena), Melva Lee (Los Angeles), Irene Brede (Los Angeles), Elsie Day (Los Angeles), Helen Simpson (Los Angeles), Mabel Gard (Los Angeles), Helen Wagner (Los Angeles).

THE PACIFIC COAST DENTAL CONFERENCE

July 8-13, Long Beach, Cal.

WHAT a splendid opportunity the dental assistants of the Pacific Coast and nearby states had for a constructive, interesting, and friendly reunion. Wish all the dental assistants, members and friends, of our A. D. A. A., could have been with us to partake of the splendid program that had been prepared for our benefit and enjoyment. What fun we had greeting old friends and meeting new ones!! The attendance surpassed fondest expectations. On Wednesday 10th, 135 girls went to the Studio Luncheon Party, held at the Universal Studios, Hollywood. Some were disappointed because we were not allowed on the sound stages, but this is never allowed. We had lunch right along with movie folks in make-up, and got in on the atmosphere, etc. On Friday evening, July 12th, at 6:30, we had our Banquet. The goal had been set for a 200 attendance, and when noses were counted we had 223. Decorations were nautical, as the Navy was in port. The theme was "Dental Assistants' Ships" part of the Fleet of the American Dental Assistants Association, anchored at Long Beach for a week. The title "Skipper" was given when introducing the presidents of the various societies represented. Many prominent members of the dental profession were present among whom were Dr. W. J. Furie, V-Pres. of the Long Beach Dental Society, who gave the official welcome; Dr. C. N. Johnson, Honorary Member of the A. D. A. A., and Editor of the Journal of the A. D. A., who gave a splendid inspirational message; Dr. Bert Boyd, President of the P. C. D. C.; Dr. Lewis Ford, Dean of the Dental School, Univ. of S. Cal.; Dr. Nye Goodman, and many others. A fine program of entertainment was enjoyed as well as a farcical telephone skit, put on by Sarah Sibley and Helen Wagner, also community singing of selected songs of the dental assistants. For the Long Beach Dental Assistants Association who engineered this delightful function, a greeting was given by Alva Maxwell, President, and the Menu Card was in the form of a large molar tooth. Telegrams and letters were read from Helen Fitting, President of the A. D. A. A.; Lucile Hodge, General Secty.; Aloise B. Clement, Treasurer; and Juliette A. Southard, Founder; Dr. G. Layton Grier and Miss Grace Asplind, and many others who could not attend in person. On Saturday morning a breakfast was held at the Robinson Hotel, attended by about 50 girls. Each society had been asked to select a representative who would be the spokesman for her group and discuss various problems, accomplishments, etc., and it all worked out very nicely, creating an interchange of ideas that were very helpful as well as interesting. Saturday afternoon at 1:30 the clinics were held and in theatrical parlance, the girls "stole the show." The dentists were overwhelmingly surprised at the excellence of the subjects presented and the manner of presentation, and the judges had a hard time selecting the winners. Irene Brede and Helen Simpson won first prize for "Linens and Chair Assistance in the Modern Dental Office," and Ruth Douglas and Mabel Gard with "Helpful Hints" carried off second prize. These were Los Angeles members in Clinic Group No. 2. In Group No. 1, Elsie Day of L. A., with "Cotton Rolls and Their Many Uses," carried off First Prize, and Thelma Hummelbaugh of Pasadena, took Second Prize with "Patients' Education." Helen Wagner of L. A., was awarded a prize for her clinic "Inlay Investing," and Blue Ribbons were awarded Airna Chamberlain and Grace Poole, of San Diego, for their clinic "Reference Library for Dentist and Dental Assistant." This is a splendid reference work for any D. A. Society. A Blue Ribbon was also given Mina Olsen and Mae London of Long Beach for their clinic, "Assistance in Gold Foil."

Reported by MABEL LYON, General Chairman.

"TIME"

President's Address by MARIE SILAY SHAW, Pres. Ga. State D. A. Assn.
Read before the Sixth Annual Meeting of the Georgia State Dental Assistants Association, May 13, 1935.

LET'S presume that the good book takes us back to the beginning of time, and that is where I found inspiration and courage sufficiently to endeavor to bring this message to you with the hopes that you too, will find your time spent at this meeting most worthwhile. I am taking my theme from the following verses of Chapter 3 of Ecclesiastes in the Old Testament. To everything there is a season and a time to every purpose under the heavens: "A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted: A time to kill, and a time to heal; a time to break down, and a time to build up: A time to weep, and a time to laugh; a time to mourn, and a time to dance: A time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing: A time to get, and a time to lose: a time to keep, and a time to cast away: A time to rend, and a time to sew; a time to keep silent, and a time to speak: A time to love, and a time to hate; a time of war, and a time of peace." Knowing that there is a time for all things, we are prepared to analyze the meaning of this all important word and apply it to ourselves.

First, time goes; there is no holding. Time is the one thing that we cannot regain. Once spent it is either a loss or a gain. We have this meeting in which to expand our scope of learning and helpfulness, by thinking of each subject as it is presented, and forming by these thoughts some definite plan of action towards a more complete accomplishment of our efforts. Chesterfield counsels us to, "Know the true value of time; snatch, seize and enjoy every moment of it. No idleness, no laziness, or procrastination, never put off until tomorrow what you can do today." Nature

provides us with a mind and body, not as ornaments but as useful instruments of living and allots us time for their use. The realization of this fact brings to us the knowledge that our mental faculties thrive and ripen by persistent and continued use. Neglect of thought as a practice soon becomes a habit. The habit breeds decay and stagnation. Mental stagnation hence is brought about by our failure to reason out questions and problems as they present themselves to us, and by allowing time to pass us by, leaving a question unanswered and a task undone. While we deliberate how to begin a thing it grows too late to begin it, but if we get into our job at once and attend each new thing as it comes, we are training ourselves to make the most of the hours allotted us, making ourselves more alert and receptive of the problems as they confront us. In other words, tie up all our threads of thought and there will be no loose ends to tangle. We must learn to think clearly and constructively and not muddle.

Now time must be conserved to bring out its full value. Although we have just so many hours and minutes to a day, we do not know, except within a certain degree of experience what a day will hold for us; therefore it is necessary to conserve each moment so as to derive the most benefit. Chesterfield again counsels us: "I recommend you to take care of the minutes, the hours will take care of themselves." In a day's work the elimination of unnecessary moves makes for a more harmonious and productive use of each minute. Moments wasted in wishing and worrying, can better be spent in creative thoughts towards efficiency in the present moment's task. It is all right to plan your work. That is economy in mental expenditure, for it simplifies, sys-



QUESTION BOX

MAE I. DICKINSON

3558 ZUMSTEIN STREET, CINCINNATI, OHIO



- Q. When an assistant can not clean the slab and spatula immediately, is there anything to use to make the cleaning less tedious?
- A. A saturated solution of bi-carbonate of soda is recommended. Pour the solution on spatula and slab and let stand. Then when you have an opportunity to clean them thoroughly, the cement loosens easily.
- Q. Does the dental assistant wear her uniform over her street dress?
- A. No. You know yourself from observation how much neater the assistant appears when she removes her street clothes to don her uniform—she also looks much cleaner, sweeter and fresher.
- Q. What do you do and say when a patient offers you a cigarette during office hours?
- A. Graciously decline with thanks.

DO YOU KNOW THAT: For a disclosing solution, a 2% solution mercuriochrome instead of iodine can be used.

DO YOU RECALL the question "How to answer the telephone." A letter from an interested reader in New Jersey says: "Good morning, Dr. Smith's nurse speaking" is the salutation they use in their office and both she and the Doctor feel that it eliminates a lot of conversation, and is a great time saver, besides the patients seem to like it. I would say the salutation is most pleasing and brings you, at once, into closer contact with the person calling. I would appreciate more discussion on this subject.

TIME

(Continued from page 106)

tematizes and saves work. Plan your work in advance, but do not keep your mind on the plans until the work is done. When you have planned, then close the mental book of tomorrow's duty and turn to other activities, relaxation, and the enjoyment of today. Learn to think, do, and relax. By doing this we build up a coordination of thought and action. In our meetings, in our work, and in our play, we can take advantage of each minute's opportunities for steady

growth and progress, not only in our chosen field, but also in our life as a whole. Each minute makes its impression and our lives and accomplishments are no longer than the minutes of which they consist. We can feed our minds with good literature and the habit of kindly and constructive thinking and so fill our hours with usefulness. Time the arbiter will repay this investment with interest in the form of poise, and joyful service.

The Dental Assistant

A Monthly Publication

A Journal for Dental Assistants Devoted to Their Interests and Education
Monthly publication of the A.D.A.A. A Journal for Dental Assistants Devoted to their Education and Interests and to the Efficient Conduct of Dental Offices. Publication of all statements, opinions, or data, is not to be considered as an endorsement of same by magazine or its publishers.

SEPTEMBER-OCTOBER, 1935

EDITORIAL DEPARTMENT

DENTAL ASSISTANTS — WHITHER ARE WE GOING?

IN this issue which is our pre-convention Journal, I wish to stress a point that I believe is not sufficiently considered and realized. I have often thought that many of us have a tendency to regard our National Association somewhat as we might think of a very distant relative, that we know exists in a far removed place from our own town or city, but who seems very distant and nebulous, and therefore not sufficiently close to us, so that we do not worry much about their progress, or welfare. It is true that some of us do come in contact every now and then, with this distant relative through correspondence, and that once each year, if we attend conventions, we do come in personal contact with its importance, ideals and endeavors. But, somehow, with all of this, many of us have missed the true import of our relations with this parent organization.

What the American Dental Assistants Association can mean to all dental assistants, what it has done and can still do for the betterment of our service to the dental profession and humanity, depends wholly upon our individual interest in its existence, plus the interest that we as members of our local and state societies can stimulate in these respective affiliates. The dental assistants associations are **WE, OURSELVES**. Let us cease to think of them as something apart.

What kind of a job have we been doing? *The world loves a leader.* We cannot expect to achieve the ideal for which the A. D. A. A. was created, if we have not done an outstanding job individually and collectively. Considering the many handicaps we have had to overcome, I believe we have done fairly well, but I also believe that we can do better. For one thing, I think we should have more members. The American Dental Association has been engaged in an intensive membership campaign during this past year, and they have been getting results. Why cannot we do likewise? If each member at the present time would secure just **ONE NEW MEMBER**, we would double our membership. Our General Secretary reports a substantial increase in membership over preceding years, which proves that there is some renewal of interest, but we must not be satisfied with this. **WE MUST DO BETTER.** According to statistics there are some 12,000 dental assistants in these United States, **EVERY ONE OF WHOM SHOULD BE A MEMBER OF OUR ASSOCIATION.** Don't you think so?

A committee appointed by our President and acting upon a recommendation voted at our 1934 meeting, are working out the compiling of a booklet that will tell the reason why every dental assistant should belong to the A. D. A. A. It will contain a brief sketch of our history; what our "Object" is; what advantages and benefits are to be derived through membership; what activities we sponsor, etc., etc. This booklet will be available to our various affiliated groups through the office of our General Secretary, and it should be a great help in interesting new members, and organizing new societies. In our Journal, "The Dental Assistant," we have a splendid publicity medium, and if a sufficient number of "outside" subscriptions could be secured, it would be a great help, both for increasing the membership in the local groups, and stimulating the interest of the dentists in what we are trying to accomplish. Let us all do a good job that we may be proud of. Are you ready? Are you willing? Then, LET'S GO! !

J. A. S.

A DENTAL ASSISTANT'S CREED

(By request)

To be loyal to my employer, my calling and myself.

To develop initiative—having the courage to assume responsibility and the imagination to create ideas and develop them.

To be prepared to visualize, take advantage of, and fulfill the opportunities of my calling.

To be a co-worker—creating a spirit of co-operation and friendliness rather than one of fault-finding and criticism.

To be enthusiastic—for therein lies the easiest way to accomplishment.

To be generous, not alone of my means but of my praise and my time.

To be tolerant with my associates, for at times I too make mistakes.

To be friendly, realizing that friendship bestows and receives happiness.

To be respectful of the other person's viewpoint and condition.

To be systematic, believing that system makes for efficiency.

To know the value of time for both my employer and myself.

To safeguard my health, for good health is necessary for the achievement of a successful career.

To be tactful—always doing the right thing at the right time.

To be courteous—for this is the badge of good breeding.

To walk on the sunny side of the street, seeing the beautiful things in life rather than fearing the shadows.

To keep smiling always.

J. A. S.

TALKING IT OVER

This department is under the care of Edna M. Justice, 631 Jenkins Bldg., Pittsburgh, Pa., and is devoted this month to a symposium by the officers and trustees of the AMERICAN DENTAL ASSISTANTS ASSOCIATION.

Greetings to Our Members and Friends: Your Board of Trustees, with the Convention and Program Chairman, and our Hostesses, the New Orleans Dental Assistants Association, have been working tirelessly to insure a smooth-running, worth-while convention. Months of infinite thought and painstaking planning for our Eleventh Annual Meeting are almost completed. It is a time for hearing reports of accomplishments and making plans for the future. Our meeting represents not only an opportunity to make delightful friendships, but serves as a clearing house for the exchange of ideas so necessary to our progress, which is measured by the planning, the work, and the co-operation of all.

HELEN H. FITTING, *President.*

Greetings: Once a year a wonderful opportunity is offered us, through the A. D. A. A. to gain professional knowledge, to greet old friends, and to cultivate new ones. Isn't this an inspiration to spur us on? We of the southland extend a cordial welcome to you and urge you to come and meet with us in New Orleans.

LOUISE DISMUKES, *First Vice-President.*

Stand By, Dental Assistants!! The A. D. A. A. calling. All trains, cars, airplanes, boats, and thumbs, New Orleans bound. Big Attraction! THE AMERICAN DENTAL ASSISTANTS ELEVENTH ANNUAL CONVENTION. Clear all avenues of doubt and make ready to be there on time to enjoy the most inspiring Dental Assistants' program ever planned.

HELENE F. MYERS, *2nd Vice-President.*

The A.D.A.A. is one of the fastest growing educational societies in the country, and how can it be otherwise, Juliette Southard is its Founder? Here is to all A. D. A. A. members at New Orleans. We will be seeing you.

ANN M. McDONALD, *3rd Vice-President.*

Greetings: ADAA Radio Station, calling all Dental Assistants. The vacation of a life-time awaits you in New Orleans. Never before have we had a more interesting City, so filled with Charm, Romance, and the piquancy of Untold Adventure, for the seat of one of our Conventions. November—New Orleans—Old Friends and New! An occasion, full of joyfulness, color and gaiety, mingled with the warmth of happy reunion, as is deserving of the commemoration of our Eleventh Annual Meeting. New wells of strength and visions of unprecedented accomplishments await us at New Orleans. I have enjoyed knowing so many of you through correspondence, but I desire to meet you personally and hope that our Eleventh Annual Meeting will be the occasion. Next broadcast will be from New Orleans.

LUCILE HODGE, *General Secretary.*

Once each year it is the privilege of your Officers and Trustees to greet you through these pages of our own "Dental Assistant" and so to you, my co-workers, I extend my hand to clasp yours in friendship, and bid you sincere welcome to New Orleans and the Eleventh Annual Meeting of our American Dental Assistants Association.

ALOISE B. CLEMENT, *Treasurer.*

It will be November before we realize it, and the shouting will then be "On to New Orleans," for the annual convention of the A.D.A.A. My, what a thrill!

I urge my co-workers to make every effort to attend, for you will be amply repaid. Our association is making great strides and we need co-operation from every member in every society.

RACHEL CLARK, *Trustee, 1st District.*

Just as organized Dentistry is able to administer its affairs, so the American Dental Assistants Association is, by ceaseless labor, directing our affairs. Constantly, vigilantly, this tireless group of women are shaping the present and future generations of dental assistants. You cannot fully appreciate the magnitude of the A.D.A.A. until you attend a National meeting. Do that this year. Come to New Orleans.

CLARA B. PHILLIPS, *Trustee, 2nd District.*

If we of the Third District were permitted to make one wish on Aladdin's Lamp, I am sure it would be that every member of the A.D.A.A. could attend the coming National Convention. We know that is impossible, but we hope many of you will be on hand to greet your fellow members from throughout the land.

EDNA M. JUSTICE, *Trustee, 3rd District.*

This message comes to you from Georgia, Alabama, Florida, Mississippi, and Louisiana. Our Fourth District not only wishes to urge you to take advantage of this opportunity to visit this most interesting Southern City, but help make this the best attended Convention in the history of our Organization. We want to see more folks from everywhere! **FLY—RIDE—and SWIM!! But COME!**

MARIE SILLAY SHAW, *Trustee, 4th District.*

Greetings Fellow Members of the ADAA: Stop, Look and Listen. How many members are planning for this Eleventh Annual Meeting? If you have never attended one, are you not curious to know just what we do? If you have attended just one meeting, I am sure the urge and desire will bring you to New Orleans. **TENNESSEE** is going, how about representation from **VIRGINIA, WEST VIRGINIA, NORTH and SOUTH CAROLINA, and OLD KENTUCKY?** See you in Orleans. Until then, best wishes.

MILDRED THOMPSON, *Trustee, 5th District.*

I Greet You: I am looking forward to seeing you all in New Orleans. I hope that you have enjoyed our Journal and have found in its pages many helpful suggestions. Come to our meeting and help your Staff make plans for a **BIGGER and BETTER "DENTAL ASSISTANT."** We want your aid and co-operation, and we of the Sixth District want to meet the members at large who are blazing the trail with us, to a recognized professional calling.

KATHERINE CARR, *Trustee, 6th District.*

What a pleasure to "talk over" an American Dental Assistants Association Convention. Only those who have attended a Convention can realize what a source of information it is. You are busy every minute, listening to lectures, papers, talks or; visiting clinics and displays, learning more about every duty of an assistant; enjoying dinners, luncheons, teas, banquets, parties, sight seeing trips, meeting new friends, renewing old acquaintances, seeing new places. In short it gives you a renewed interest in your work, and a new lease on life. Every Dental Assistant should make a special effort to attend the meeting in New Orleans and partake of this elixir of modern dental assisting.

AGNES DANIELSON, *Trustee, 7th District.*

Greetings to all Dental Assistants: The prospects of again meeting my old friends and the new ones to be made, to me is a source of much joy. It is hoped that many will avail themselves of the splendid treat in store for us at New Orleans.

MARY F. HAWKS, *Trustee, 8th District*

The Pacific Coast Division of the Fleet of American Dental Assistants (now anchored in Los Angeles after both Skipper Edith Weinhart, Tacoma, and Skipper Mary Thatcher, Seattle, had necessarily to relinquish the helm) sends love and greetings to all Skippers and Crews throughout the United States. We sincerely appreciate the privilege and honor of membership in this FLEET, and therefore, we will happily drop anchor in New Orleans with 'you all'.

MABEL LYON, *Trustee, 9th District*

Greetings: Are you coming to New Orleans in November or are you sending your *personal representative* as your society delegate? However you manage it, don't miss this opportunity to know our southern societies better and to take part in the splendid program rich in a wide variety of practical and inspirational subjects, interesting to us as society members and as individual dental assistants. Let's "streamline" our efforts to make this the best meeting ever!

RUTH F. ROGERS, *Trustee, 10th District*

Hail!! Fellow Members and Friends: The creation of the American Dental Assistants Association was the result of the pursuit of an ideal. An ideal looking towards the creation of a recognized professional calling for women who serve dentistry as assistants. Basic to that ideal was laid four cornerstones—EDUCATION, EFFICIENCY, LOYALTY, and SERVICE. Come to New Orleans and see what our ideal has accomplished, and how we have built our "House of Dreams." I want to greet you and clasp your hands.

JULIETTE A. SOUTHARD, *Founder.*

THE DENTAL ASSISTANT

(Continued from page 100)

It is certain that if anything but the most intense mutual helpfulness attitude obtains, the partnership should be dissolved. It is a unique opportunity for two persons to mutually accomplish more for the recipients of their services than in any other instance I have been able to visualize. To say that patients love their dentist and his assistant is not an exaggeration. It is this beautiful relationship, exsistant because of the intimate nature of many of our services that permits this unusual condition to exist and lifts our services so high above the commercial world, and it should be an inspiration to any one to participate in this useful profession. I am not irreverent when I tell you this

tender story: I do not compare spiritual and physical relationship, but this story told of the assistant of that dear man of blessed memory, Dr. Thos. P. Hinman, touched my heart and I want you to hear it. Someone, close enough to know Dr. Hinman to know him intimately, said of his assistant, who was associated with him for a large part of a lifetime, "Next to her Lord she loved Dr. Hinman best."

I am most interested in your association and wish to thank you for this privilege of saying a little, and I hope it will be an encouragement to those who wish to make dental assisting a life's work.

1002 Georgia Casualty Bldg.

SECRETARY'S CORNER

By LUCILE S. HODGE, General Secretary, 401 Medical Arts Bldg.
Knoxville, Tenn.

ATTENTION, PRESIDENTS AND SECRETARIES: You will receive copies of the Official Program, to be placed in the permanent files of your Society. These will give you the names and addresses of all officers, and you should guard them carefully for future reference.

ATTENTION DELEGATES AND MEMBERS: If you do not have your reservation at New Orleans for Convention, do not wait any longer; get busy and make reservation, and if necessary cancel later. Delegates will receive a letter from this office in a few days telling you what to expect when you reach New Orleans, and also what will be expected of you, as delegate from your respective societies.

SECRETARIES: When you receive credential cards for your delegates and alternates, fill them in immediately, and forward to your delegates and alternates. This is very necessary, in order that your society may have accredited representatives at every Session of the House of Delegates at Convention. Thanks.

It is with a great deal of pleasure that I announce to you the election to membership of the A. D. A. A. of a new society in New Orleans with the following officers: President, Mrs. Lena Devron, 1008 American Bank Bldg.; Vice-president, Mrs. Blanche Taylor; Secretary, Mrs. Alma Peters, 909 Pere Marquette Bldg.; Treasurer, Miss Susette Hill. We are also happy to announce three new Independent Members as follows: Miss Charlotte Turner, Warren, Rhode Island, associated with Dr. M. A. Denby. Miss Edna Bettis, Mattoon, Illinois, associated with Dr. Herrick A. Baughman. Miss Bessie Daniel, Danville, Virginia, associated with Dr. N. E. Jones.

Many Societies have held elections as follows:

Birmingham D. A. Study Club:

President, Mary Jones, First National Bank Bldg.; Secretary, Mary Whitney, Woodward Bldg.

Los Angeles D. A. Assn.:

President, Irene Brede, 3780 Wilshirer Blvd.; Vice-president, Elsie Day; Secretary, Elvera Henkes, 236-238 University Prof. Bldg.; Treasurer, Myrna Wylie.

Long Beach D. A. Assn.:

President, Anita Coleman, 509 Security Bldg.; Vice-president, Marie Sheff; Secretary, Hilda Neill, 418 Professional Bldg.; Treasurer, Leone Sprague; Corresponding Secretary, Freda Bay.

San Diego D. A. Assn.:

President, Airna Chamberlain, 1102 Bank of America Bldg.; Vice-President, Peggy Kopecky; Secretary, Agnes Kane, 1106 Bank of America Bldg.; Treasurer, Roberta Steinke.

Chicago D. A. Assn.:

President, Ethel Muir, 1431 Elmdale Ave.; Vice-President, Mae Faul; Secretary, Grace Treider, 820 Judson Ave., Evanston, Ill.; Treasurer, Frances Bates.

Minneapolis District Soc. of D. H. & D. A.:

President, Mildred Simon, 1417 W. Lake St.; Secretary, Roma Olson, 1445 Medical Arts Bldg.

St. Paul District Soc. of H. & D. A.:

President, Emma Beil, 640 Robert St.; Secretary, Lula Bromfield, 724 Lowry Bldg.

Kansas City D. A. Assn.:

President, Julia Robinson, 1628 Professional Bldg.; Vice-President, Edna De Tar; Secretary and Treasurer, Selma Hopkins, 532 Gladstone Blvd., Kansas City, Mo.

St. Louis D. A. Assn.:

President, Eloise Pillman, 3500 N. Grand Ave.; Vice-President, Mabel Kelly; Secretary, Helen Prosser, 602 Spivey Bldg., East St. Louis; Treasurer, Vivian Prose.

Passaic County D. A. Assn.:

President, Wilma Gery, 64 Hamilton St., Paterson, N. J.; Secretary, Mary E. Brown, 422 Lafayette Ave., Hawthorne, N. J.

Monmouth County D. A. Assn.:

President, Margaret S. Hill, No. 2 Third Ave., Long Branch, N. J.; Secretary, Mrs. Edna Grooms, 16 Wallace Street, Red Bank, N. J.

Hudson County D. A. Assn.:

President, Nan Guttermuth, 624 Bergenline Ave., West New York, N. J.; Secretary, Loretta Becker, 437 Sixteenth St., West New York, N. J.

Essex County D. A. Assn.:

President, Mabel C. Clark, 507 Orange St., Newark, N. J.; Secretary, Bernice Waterfields, 893 Lyons Ave., Irvington, N. J.

Bergen County D. A. Assn.:

President, Margery Dannhauser, 1 Engle St.; Secretary, Agnes Klein, 296 Engle St., Englewood, N. J.

Akron D. A. Assn.:

President, Helene Snodgrass, 306 Peoples Bank Building, Akron, Ohio.

Lane County D. A. Assn.:

President, Mrs. Mary E. Morgan, 402 Tiffany Bldg.; Vice-President, Irene Baxter; Secretary-Treasurer, Mrs. Elma Landrum, 865 Willamette St.; Editor, Louise Connell, Eugene, Oregon.

North Dakota D. A. Assn.:

President, Ellen Welsh, Grank Forks; 1st Vice-President, Mary D. Cota; 2nd Vice-Pres., Frankie Vatnsdal; Secretary, Jennie C. Lybeck, Valley City; Treasurer, Alma Malmin.

Erie County D. A. Assn.:

President, Mrs. Elizabeth K. Lennberg, 330 E. 27th St., Erie, Pa.; Vice-President, Faye Carmichael; Secretary, Esther Schmalenbach, 163 W. 18th Street, Erie, Pa.

Knoxville D. A. Soc.:

President, Mildred Sayers, Medical Arts Bldg.; Sec.-Treas., Eunicia Seymour, Medical Arts Bldg., Knoxville, Tennessee.

Chattanooga D. A. Soc.:

President, Martha P. Miller, Volunteer Bldg.; Sec.-Treas., Helen Z. Carver, Volunteer Bldg., Chattanooga, Tennessee.

Memphis D. A. Soc.:

President, Ola Lundy, 708 Exchange Bldg.; Sec.-Treas., Clara Taylor, 1134 Exchange Building, Memphis, Tennessee.

THIS AND THAT

By ETHEL WHITENTON, 906 Exchange Bldg., Memphis, Tenn.

Twenty San Diego assistants attended the Pacific Coast Dental Conference and returned home with lots of new ideas and inspiration, as well as the Blue Ribbon on their "Reference Library Exhibit." This is an original idea of the San Diego County assistants and will be added to yearly. The fact that Mabel Lyon was appointed to fill the unexpired term of Ninth District Trustee, is a choice bit of news from Los Angeles. This is an honor greatly deserved and the girls have every right to be proud of her. Clinic awards were given the following at Long Beach: Elsie Day, Irene Brede, Helen Simpson, Melva Lee, Mabel Gard and Helen Wagner of L. A. D. A. A., Thelma Humelbaough of Pasadena D. A. A., and Mina Olson and Mae London of Long Beach D. A. A.

Bobbie Hahn Sweeney, Pauline Sobkowiak and Evelyn Kemp are three past presidents of Detroit who were recently given local Asst. pins. Sylvia Messinger is wearing a sparkler on the 3rd finger of her left hand, but she hasn't said yet when she expects to become Mrs. Monroe Weill. It is hoped that she has completely recovered from her recent illness. The Executive Com. of the E. & E. Soc. N. Y. is engaged in a mammoth membership drive, in which they intend to contact every d. a. in the Bronx and Manhattan. They'll do it, too.

Marriage seems to be 'the Tops' for members of the K. C. D. A. Soc. Treva Croy is now Mrs. Cecil D. Harris; Winnie D. Hill up and surprised everyone and became Mrs. W. D. Megert and is now living in St. Paul; Lillian Howard has announced her engagement to Russell D. Bray. An associate membership is under way so that these girls will not be lost altogether. Martha Swigert is the proud mother of a darling baby girl, Sonya Carol. Congratulations respec-

tively. Rose Quam, past Minnesota State pres. was given a dinner where fond goodbyes were spoken prior to her leaving for Grand Forks, N. D., to spend her time at home-making. Helen Pierce Latta of Los Angeles is also languishing in domesticity. Mpls. regrets the loss of Marguerite Williams' activities. She married Mr. Kenneth Crouse in August. Florence Frisch, Pittsfield, Mass., was a house guest of Margaret Larson, Mpls., for two weeks. A state dinner honoring Florence and Margaret was given at the Nankin Cafe. The Denver national meet caused this East-West contact.

Zelma Davidson, who resigned as President of Des Moines Dist. D. A. Soc. last Fall to attend Northwestern School for Dental Hygienists, was winner of the cup for highest grades. Des Moines recently held a steak fry for Alice Inlow who left to make her future home in California; in farewell courtesy, she was given a handkerchief shower. Sniff! Sniff! . . . Yolanda Luka was complimented by the Des Moines girls with a party (theatre) and dinner. She is now assisting Dr. J. J. Finesilver of Denver. The Northwestern District D. A. S. of Sioux City have completed a course in First Aid and are anxiously awaiting their certificates. . . . Ruby Sealock, Omaha, and Mildred Thompson, Trustee, Knoxville, underwent major operations recently. We are happy to say that they are recovering nicely. Mildred wishes to thank the Board Members of the A. D. A. A. and other members who sent their love and greetings while in hospitals. She expects to thank you personally in New Orleans. . . . Our deepest sympathy is extended to Lucile Black who recently lost her father. The Birmingham girls were glad to have Margaret Young, Detroit, as their guest.

CALENDAR OF MEETINGS

By VIVIAN C. SHERMAN, 1519 Washington Building, Tacoma, Washington

CALIFORNIA

Alameda County D. A. Assn.

Meeting, September 9, 1935.

Place, Hotel Senator.

Election of Officers.

Barbara Bonnemort, Acting Editor,
619 Dalziel Building, Oakland.

Los Angeles D. A. Soc.

Meeting, "Homecoming" September 13,
1935, 6:30 P.M.

Place, 12th Floor Brack Shops, L'aileen
Dining Salon.

Speaker, Annah Lauria House.

Topic, "Highlights on the Art of Liv-
ing."

Discussion, Pacific Coast Conference and
summer events.

Meeting, For Dentists and their Assist-
ants, October 11, 1935, 6:30 P.M.

Place, 12th Floor Brack Shops, L'aileen
Dining Salon.

Clinics: To show our employers that we
are striving in every way to improve
our service to them. This meeting will
be an attempt to draw the dentist and
the activities of our association into
closer relationship.

Edith L. Saffholm, Publicity Chm.,
Bullock's 8th Floor.

San Diego County D. A. Soc.

Meeting, September 23, 1935, 7:30 P.M.

Place, Medico-Dental Building.

Program, Reports on Pacific Coast Den-
tal Conference at Long Beach, July
13.

Clinics.

Meeting, October 28, 1935, 7:30 P.M.

Place, Medico-Dental Building.

Program, "A Skit."

Speaker, George D. Huff, M.D.

Topic, "Radium."

Alva Bornsen, Publicity Chm., 1212
Bank of America Building.

GEORGIA

5th District, Atlanta, Georgia

Meeting, September 3, 1935, 8 P.M.

Place, Piedmont Hotel.

"Open House"—30 minutes, refresh-
ments.

Program, Speaker, Dr. M. L. Brit-
tain, President, Georgia Tech.

Subject, "Education."

Speaker, Dr. Walter McFall.

Subject, "What Is My Job?"

The Doctors and their wives will be
guests at this meeting.

Meeting, October 8, 1935, 6 P.M.

Place, 319 Grant Building.

Speaker, Mrs. Delos L. Hill.

Subject, "Highlights of My Trip Around
the World."

Musical Program to follow with
Morehouse College Quartet.

Ann F. Walker, Program Chm., Pres-
elect, Georgia State D. A. Assn.

ILLINOIS

Chicago D. A. Assn.

Meeting, September 19, 8 P.M. Dinner
at 6:30 P.M.

Place, Stevens Hotel.

Meeting, October 17, 8 P.M. Dinner at
6:30 P.M.

Place, Stevens Hotel.

Emily Keevan, Publicity Chm., 4010
W. Madison Street.

IOWA

Des Moines District D. A. Soc.

Meeting, September 9, 1935, 7:30 P.M.

Place, 603 Iowa National Bank Building.
Social hour will follow, honoring
Zelma Davidson.

Meeting, October 8, 7:30 P. M.

Program and place to be announced.

Harriet Kurtz, Program Chm., Des
Moines.

Northwestern District D. A. Soc.

October meeting at same time and
place as Northwestern District Dental
Society. Annual election of officers
will take place at this meeting. Pro-
gram to be announced.

Opal Frazee, President, Sioux City,
Iowa.

Southeastern District D. A. Soc.

Annual October meeting in Keokuk, October 7-8, at the same time as the Southeastern District Dental Society, which will be a joint meeting of the Southeastern Iowa District, Northern Missouri District, and two Southern Illinois Districts. . . . Program to be announced. . . . Election of officers.

Thora W. Reynolds, President, Washington, Iowa.

Harriet Kurtz, Publicity Chm., 603 Iowa National Bank Building, Des Moines.

MICHIGAN

Detroit D. A. Soc.

Meeting, September 3, 1935, 6:30 P.M.
Place, 1312 Eaton Tower.

Speaker, Dr. R. D. McClure, Staff Member, Ford Hospital.
Subject, "Travel Talk."

Business Meeting, September 17, 1935, 6:30 P.M.

Place, 1312 Eaton Tower.

Speaker, Dr. Clair Straith.
Subject, "Plastic Surgery."

Business Meeting, October 1, 1935, 6:30 P.M.

Place, 1312 Eaton Tower.

Speaker, Dr. Edith Hale Swift.
Subject, "Social Hygiene."

Business Meeting, October 15, 1935, 6:30 P.M.

Place, 1312 Eaton Tower.

Program, Clinic Night—by members.
Jeannette Alverd, Publicity Chm., 203 Curtis Building.

MINNESOTA

Minnesota D. H. & A. Assn.

St. Paul District.

Meeting, September 17, 1935.

Program, Trip through new dental college, University of Minnesota.

Meeting, October 15, 1935.

Program, Trip through Lineer Dental Laboratory, with demonstration of casting.

Minneapolis District

Meeting, September 3, 1935.

Place, Medical Arts Auditorium.

Program, Book review by Benta Lawson,—“T. E. Lawrence, The Man Behind the Legend.”

Meeting, October 1, 1935.

Place, Medical Arts Auditorium.

Program, Trip through new dental college, University of Minnesota.

Benta Lawson, President, Minn. State D. H. & A. Assn., 1522 E. Lake St.

MISSOURI

Kansas City D. A. Assn.

Meeting, September 24, 1935.

Place, Dutch Grill.

Speaker, Dr. Don E. Woodard.

Subject, “The Dental Assistant as a Nurse.”

Benefit Bridge Party, October 15, 1935.

Meeting, October 29, 1935.

Place, Dutch Grill.

Speaker, Dr. John C. Warnock.

Subject, “What Does the Future Hold for the Dental Assistant?”

Hallie Orr, Publicity Chm., 1102 Professional Building.

NEBRASKA

Lincoln D. A. Soc.

Omaha D. A. Soc.

Courses of study will start with the September meeting in both groups.

Maxine G. Smith, President, Nebr. State D. A. Assn., 1010 Fed. Sec.

Bldg., Lincoln, Nebraska.

OHIO

Cincinnati D. A. Assn.

Meeting, September 20, 1935, 7 P.M.

Place, Medical-Dental Suite, Union Central Building.

Program, Panel Discussion, “The Value of a Dental Assistants’ Organization.”

Speakers, Helene Meyers, Mary Connolly, Mae Dickinson, Helen Morris, Grace Renshaw.

Meeting, October 18, 7:00 P.M.

Place, Medical-Dental Suite, Union Central Building.

Program, “Care of the Teeth,” Motion Picture.

Speaker, Dr. J. H. Sharon.

Helen L. Morris, President, 453 Doctors Building.

OREGON**Portland D. A. Soc.**

Meeting, September 10, 1935.

Place, 622 Selling Building.

Program to be announced.

Peggy Ahern, President, 909 Stevens Building.

PENNSYLVANIA**Pittsburgh D. A. Assn.**

Meeting, September 10, 1935—Dinner.

Place, Stouffer's, Wood Street.

Sara Metzger, Publicity Chm., 3401 5th Ave.

WASHINGTON**Tacoma D. A. Soc.**

Meeting, September 3, 1935, 7:30 P.M.

Place, Medical Arts Auditorium.

Business Meeting.

Lois Weiler, Program Chm., Washington Building.

Kills Staphylococcus Aureus in One Minute!

- The **ONLY** Sterilizing-cleaning agent for dental hand-pieces.
- Removes old oil, saliva and grit. Leaves lubricant within. heavily impregnated with powerful germicide. Safeguards against infection; harmless to patients; prolongs the running life of the hand piece.
- LOOK for the **DIAMOND Trade Mark—4 in ONE—on Genuine IMPROVED STERO OIL.**
- 2 ounce operator's bottle only 75 cents.
- **ASK YOUR DEALER.**

Medico-Dental Research Laboratories of

STERILE PRODUCTS CO., Inc.

SAN DIEGO, CALIF.

M O R - S O N**Supplying the Missing Link in the Chain of Sterilization***The Original Satisfactory CLEANER for the inside of Boiling Sterilization.*
IT ACTUALLY CLEANS!

Easy to Use; Pleasingly Scented; Modestly Priced.

For further details ask your Dealer, or write direct to—

PROFESSIONAL SURVEY BUREAU

(G. Archanna Morrison, Pres.)

WEST ROXBURY

- - - -

MASSACHUSETTS

"When writing or talking to advertisers, please mention 'THE DENTAL ASSISTANT'—Our advertisers help support our publication, please support them.—Thanks."

WILSON'S
CO-RE-GA
 (POWDERED)

The Perfect Adhesive for Dentures



Nothing excels the
 proved effective-
 ness of CO-RE-GA in
 helping patients
 overcome the first
 inhibitions of ar-
 tificial dentures.

DENTISTS • *Free Samples for your patients* • MAIL COUPON



COREGA CHEMICAL COMPANY
 208 ST. CLAIR AVE. N.W. - CLEVELAND OHIO, U.S.A.
Please Send free Samples for Patients




Dr. _____

ADDRESS _____

CITY _____

STATE _____

THIS COUPON IS FOR DENTISTS USE ONLY

Design  is essential
 technic  a requirement
 but...  ...SERVICE

is limited by
 the physical
 efficiency of the
 casting gold used

specify
DEEFOUR
 it pays

THOMAS J.
DEE & CO.
 PRECIOUS METALS

55 EAST WASHINGTON ST. CHICAGO ILL.

FORMULA FOR MOUTH HYGIENE:

*A well-designed tooth brush,
 An efficient dentifrice,
 The proper brushing technique,
 A sufficient amount of time.*



Careful attention to your patients'
 home care will increase the value
 of your service.



Tooth Powder — Tooth Brushes



PYCOPE'
Incorporated

Joplin, Mo.

New York, N. Y.

Gives Its Users A DOUBLE SERVICE

The steady upward trend of
 favor enjoyed by Ipana can be
 traced to the fact that Ipana is
 an efficient dentifrice that ren-
 ders its users two valuable ser-
 vices

As a cleansing agent Ipana
 does its work thoroughly but
 without injury to even the most
 delicate enamel.

Used in gum massage in con-
 junction with brushing the teeth,
 Ipana aids in toning and
 strengthening the gum tissues.

Ipana Toothpaste

HYGIENE of the INTESTINE

The regular elimination of
 waste products is a necessary
 adjunct to prophylaxis in treat-
 ing certain oral disturbances.

Calcareous deposits, salivary
 debris, thick ropy saliva yield
 to the corrective influence of
 Sal Hepatica.

Sal Hepatica is a mild effective
 laxative and eliminant. It fol-
 lows up the dentists' prophylac-
 tic treatment of the "vestibule"
 with a healthy cleansing of the
 intestinal tract.

SAL HEPATICA

Bristol-Myers Co.

New York

"When writing or talking to advertisers, please mention 'THE DENTAL ASSISTANT'—Our
 advertisers help support our publication, please support them.—Thanks."



This Symbol

Should Mean Much to You

You will find it in dental operating rooms and laboratories wherever dentistry is practiced — on dental operating chairs, units, instruments, cements, porcelains, amalgam alloys, precious metals, numerous appliances; in fact, on almost everything used in a dental operating room and laboratory.

It is on instruments perhaps that it will mean most to you. Not very long ago an eminent dentist while speaking to a group of fellow practitioners said, "To find a new instrument which will enable us to do easily what we could never do before does as much good as acquiring some coveted old book, some rare bit of china, or a valuable print—it enriches our practice. Here is such an instrument—an S. S. White Tarno No. 1. I do not hesitate to call it perfect. Note the poise of the whole instrument, the angles at which the blades leave the shaft, the tapering end, the beautiful finish, so that it is a delight to handle. There is a touch of genius in its shapeliness. Here is the quest accomplished."

*A General Catalog of S. S. White Products
will be mailed upon request*

THE S. S. WHITE DENTAL MFG. CO.

111 South 12th Street Philadelphia, Pa.

BRANCHES

New York Brooklyn Boston Chicago Atlanta
San Francisco Oakland Los Angeles Duluth
Minneapolis St. Paul Peoria

DISTRIBUTORS

Paris London Toronto Rio de Janeiro Sydney



"When writing or talking to advertisers, please mention 'THE DENTAL ASSISTANT'—Our advertisers help support our publication, please support them.—Thanks."



SQUIBB

DENTAL CREAM

*The Priceless Ingredient of Every Product
in the Honor and Integrity of its Maker*

CARIES IN CHILDREN *controllable but uncontrolled*

Dental science and clinical experience have given us a method for checking the ravages of dental caries in children. This method is laborious and not ideally satisfactory, but when adequately applied it brings the incidence of this most widespread disease close to the zero point.

Extensive clinical data proves that caries can be held in check if these conditions are fulfilled:

1. *Professional care of pits, fissures, early decay and areas uncleanable by tooth-brush and dentifrice.*
2. *Adequate nutrition, particularly with regard to minerals and vitamins.*
3. *Daily and thoroughgoing cleansing of the teeth.*

The cooperation of parent and child is required, in a program of home or scrupulous oral hygiene. One of the contributions of the program offered by the House of Squibb is a scientific dentifrice. That is to say, a dentifrice which is an effective cleansing agent, which will not injure teeth or gums, and which is safe for even the youngest children. Squibb Dental Cream is the result of many years of research to meet precisely these requirements.

E. H. Squibb & Sons, Dental Department,
3009 Squibb Building, New York City

Attached hereto is my professional card or letterhead.
Please send me a complimentary package of Squibb
Dental Cream.

Name _____

Street _____

City _____

State _____

